

North Norfolk Beach Runners 5k – 28/04/2011

Place – Name – Number – Predicted Time –	Actual Time	Difference
1 - Jamie Seamark (127) – 19.00 –	18.03	- 47 Sec
2 – Paul Muffett (66) – 18.45	18.15	- 30 Sec
3 – Quinton Brown (7) – 18.04	18.17	+ 13 Sec
4 – Colin Stark (89) – 18.45	18.19	- 26 Sec
5 – Darren Neale (67) – 18.14	18.23	+ 9 Sec
6 – Phil Abbott (129) – 19.30	18.47	- 43 Sec
7 – Nicola Alford (1) – 19.17	19.16.45 – Winner	- 0.55 Sec
8 – Mark Webster (118) – 22.00	19.55	- 2min. 5Sec
9 – Vinnie Purdy (78) – 20.00	20.24	+ 24 Sec
10 – Chris Wade (99) – 20.30	20.29.40	- 0.60 Sec
11 – Kevin Parfitt (75) – 21.20	20.35	- 45 Sec
12 – Jamie Wade (98) – 20.10	20.37	+ 27 Sec
13 – Dena Parfitt (74) – 21.15	20.45	- 30 Sec
14 – Paul Cockaday (15) – 20.30	20.47	+ 17 Sec
15 – John Leach (58) – 20.30	20.51	+ 21 Sec
16 – Vernon Hoare (105) – 22.00	20.54	-1min.6Sec
17 – Simon Page (73) – 21.36	21.44	+ 9 Sec
18 – Dave Spooner (87) – 22.00	21.45	- 15 Sec
19 – Terry Quigley (80) – 22.00	21.54	- 6 Sec
20 – Sally Middleton (65) – 22.28	22.12	- 26 Sec
21 – Jim Hayes (39) – 21.30	22.52	+1 min22Sec
22 – J Neale (108) – 22.15	23.10	+ 55 Sec
23 – Ian Wade (97) – 22.30	23.28	+ 58 Sec
24 – Rob Osborne (123) – 23.15	23.33	+ 17 Sec
25 – Nikki Kavanah (53) – 24.30	23.58	- 32 Sec
26 – Matthew Parfitt (103) – 25.00	24.02	- 58 Sec
27 – Caroline Dickens (122) – 23.15	24.03	+ 48 Sec
28 – Alec Fraser (34) – 26.00	24.49	- 1min11Sec
29 – Malcolm Ball (3) – 25.30	25.01	- 29 Sec
30 – Claire Foulkes (32) – 25.53	25.26	- 27 Sec
31 – James Demton (119) – 26.00		
32 – Keith Dickens (23) – 25.35		
33 – Andrea Osborne (72) – 26.26		
34 – Eddie Carman (110) – 24.40		
35 – Lisa Ward (101) – 27.00		
36 – Jon Folkard (31) – 25.30		
37 – Emma Culley (19) – 26.10		
38 – Andy Toogood (95) – 28.28		
39 – Katrine Middleton (64) – 27.45		
40 – Maria Culley (20) – 30.09		
41 – Linda Holt (44) – 30.00		
42 – Julie May (62) – 33.00		
43 – Mike Marshal (60) – 27.15		
44 – Peter Jones (50) – 40.00		
45 – Peter Eaton (27) – 31.26		
46 – Anna Latta (57) – 30.35	35.25	+4min50sec
47 – Joan Latta (111) – 40.00	36.10	-3min50sec

Apologies no record times between 31/45
if you remember your time Richard was
calling out please let me know
Chris Merrylees