

North Norfolk Beach Runners 5k – 03rd May 2012

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|--------------------------|-------|
| 1 – Colin Stark | 17.59 |
| 2 – David Nockles | 18.58 |
| 3 – John Christopher | 19.01 |
| 4 – Darren Neale | 19.02 |
| 5 – Darren Armstrong | 19.18 |
| 6 – Jamie Seamark | 19.31 |
| 7 – Tony Witmond | 19.33 |
| 8 – Richard Price Thomas | 19.34 |
| 9 – Michael Sadler | 19.52 |
| 10 – Hugh Brown | 20.14 |
| 11 – John Leach | 20.18 |
| 12 – Andy McLaren | 21.00 |
| 13 – David Spooner | 21.01 |
| 14 – Jim Hayes | 21.17 |
| 15 – Charlotte Neale | 21.18 |
| 16 – Merle Riseborough | 21.18 |
| 17 – Ellen Similon | 21.24 |
| 18 – Terry Quigley | 22.03 |
| 19 – Sally Middleton | 22.17 |
| 20 – Rob Osborne | 22.50 |
| 21 – Clive Hedges | 23.14 |
| 22 – Andrea Osborne | 23.38 |
| 23 – Ian Wade | 24.08 |
| 24 – Keith Dickens | 24.18 |
| 25 – Justin | 26.39 |
| 26 – Jenny | 27.02 |
| 27 – Nikki Kavanah | 27.35 |
| 28 – Clare Foulkes | 27.26 |
| 29 – John Worrel | 27.54 |
| 30 – Kerry Porteous | 28.02 |
| 31 – Andy Toogood | 29.06 |
| 32 – John Folkard | 29.40 |
| 33 – Emma Culley | 31.04 |
| 34 – Trinny Middleton | 31.18 |
| 35 – Lynn Metton | 31.57 |
| 36 – Mike Marshall | 32.36 |
| 37 – Peter Jones | 34.52 |
| 38 – Margaret Ison | 47.25 |