

## 7 mile handicap results

Runner	Start time	Finish time	Run time
Colin Stark	7:16:00	7:59:20	43:40
Jamie Seamark	7:15:30	7:59:48	44:18
Tony Witmond	7:12:30	8:00:03	47:33
Mitchell Aire (guest)	7:04:30	8:00:33	56:03
Darren Armstrong	7:14:30	8:00:43	46:13
Chris Wade	7:13:30	8:01:06	47:36
Jim Hayes	7:11:00	8:01:13	50:13
Noel Spruce	7:04:30	7:01:39	57:09
Andy Maclaren	7:10:30	8:01:59	51:29
Malcolm Ball	7:01:00	8:02:18	1:01:18
Ian Wade	7:07:00	8:02:26	55:26
Tony Money	7:12:30	8:03:09	50:39
Dave Spooner	7:10:00	8:03:09	54:32
Keith Dickens	7:05:30	8:05:06	59:36
John Worrall	6:58:30	8:05:36	1:07:06
John Folkard	6:55:00	8:06:34	1:11:34
Justin Ashford	7:01:00	8:14:27	1:13:27