

XMAS 'HANDICAP' 2010 - THURSDAY DECEMBER 16TH

7.00PM CROMER PIER - MASS START

			SELF ESTIMATED TIME FOR 3 MILES	Actual time	
1	Nikki	Kavangh	25:30	25:32	+2s
2	Simon	Page	22:00	21:53	-7s
3	Chris	Wade	21:30	21:40	+10s
4	Vinnie	Purdy	21:04	20:54	-10s
5	Claire	Foulkes	25:30	25:43	+13s
6	Matt	Dickens	21:30	21:13	-17s
7	Jim	Hayes	21:10	21:29	+19s
8	John	Leach	21:30	21:41	+19s
9	Colin	Stark	19:35	19:12	-23s
10	Jamie	Seamark	18:00	18:25	+25s
11	Guest 1		25	25:26	+26s
12	Chris	Merrylees	19:00	18:32	-28s
13	Alec	Fraser	27:40	27:11	-29s
14	Katrine	Middleton	31:30	32:09	+39s
15	Michelle	Burton	27:01	26:13	-46s
16	Lisa	Ward	27:45	26:57	-48s
17	Micheal	Sadler	23	21:52	-1:08
18	Tony	Heath	27	25:51	-1:09s
19	Micheal	Marshall	28:30	29:45	+1:15
20	Guest 2		28	29:17	+1:17
21	John	Folkard	27	28:57	+1:57
22	Keith	Dickens	30	27:58	-2:02
23	Terry	Quigley	22:30	24:32	+2:02s
24	Caroline	Dickens	28	25:46	-2:14s
25	Maria	Culley	33	30:43	-2:27
26	Raymond	Claydon	24:15	21:41	-2:34
27	Andrew	Toogood	34	30:43	-3:27
28	Vernon		?	22:05	?

